

## Sign Up Now! Sideoutvolleyballkings@gmail.com

## SIDEOUT 6-10TH VOLLEYBALL PROGRAM



This program is designed for the athletes in the 6th-10th grade. The athlete will be instructed in more intermediate level biomechanics, skills, fundamentals of the game. The athletes will also learn teamwork as they perform game situation drills. This program is only offered during the school year, and it has four sessions. This is a developmental program, there is no game competition for this program. Space for the program is limited.

**2024 Programs Duration:** August 20, 22, 27, & 29, 2024 (6-7pm)

**Cost:** \$198 per athlete. Please bring exact cash, check "Sideout" or Venmo.

**Lesson:** offered on weekdays & times posted on dates.

Location for registration to sign admin documents is Lemoore High School Gym) from 545pm-for August 20, 2024. The clinic will be held at Lemoore High School Gym. Pre-register via email and expect a confirmation notice. Pre-registration is required for all attendees to be slotted. Dates are subject to change per school district policy.

**Registration:** all participants (parents & players) must pre-register with the club director via email. Send an email to <a href="mailto:sideoutvolleyballkings@gmail.com">sideoutvolleyballkings@gmail.com</a> to <a href="mailto:pre-register-pefore-Aug 18">pre-register-pefore-Aug 18</a>, 2024. Late registration begins on August 19, 2024. with a \$10 fee added. Payments can be paid with cash, check or Venmo. The minimum and maximum for the program is 12-15 kids.

Sideoutvolleyballkings.com website or email: <u>sideoutvolleyballkings@gmail.com</u>. Sideout developmental volleyball program offered.

## SIDEOUT K-5TH VOLLEYBALL PROGRAM

SIDEOUT K-5 volleyball program was designed similar to our most popular youth volleyball training program SIDEOUT Jrs. Offered only throughout the school year. SIDEOUT K-5 offers age-appropriate skill development and encourages player success. The young athletes will learn skills with the aid of volleyballs and other modifications designed to help younger athletes to learn and play with proper fundamentals. Your young athlete is sure to learn proper biomechanics and the fundamentals.

This is not an activity or event of the Central Union School District (CUSD). The CUSD assumes no responsibility for any claim, damage or liability related to the activity, including but not limited to, publicity, organization, attendance, and participation. Distribution of this notice is not an endorsement, promotion or sponsorship of the activity or event by the CUSD. Version copy is May 18, 2024.

SIDEOUT K-5 Program is designed for athletes in grades K-5th. No volleyball experience required. No try outs for this program. No game competition for this program.

The program is offered during the school year only and it has four sessions.

**2024 Session:** August 20, 22, 27, & 29, 2024 (6-7pm)

Location for registration to sign admin documents is Lemoore High School Gym) from 545pm-for August 20, 2024. The clinic will be held at Lemoore High School Gym. Pre-register via email and expect a confirmation notice. Pre-registration is required for all attendees to be slotted. Dates are subject to change per school district policy.

Cost: \$200.00 per athlete. Please bring exact cash, check "Sideout" or Venmo.

**Space availability:** 15 athletes per group.

Send an email to <u>sideoutvolleyballkings@gmail.com</u> to **Pre-register before Aug 18, 2024**. Payments can be paid with cash, check or Venmo. The minimum and maximum for the program is 12-15 kids.

Sideoutvolleyballkings.com website or email: <u>sideoutvolleyballkings@gmail.com</u>. Sideout developmental volleyball program offered.

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